



Migration and Health

1. IMPRINT

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| Academic Year | 2024/2025 |
| Department | Faculty of Medicine |
| Field of study | Medicine |
| Main scientific discipline | Medical sciences |
| Study Profile | General academic |
| Level of studies | Uniform MSc |
| Form of studies | Full time studies |
| Type of module / course | Non-compulsory |
| Form of verification of learning outcomes | Completion |
| Educational Unit / Educational Units | Department of Social Medicine and Public Health Medical University of Warsaw Medical Simulation Center Banacha Campus 3a Pawińskiego St., 02-106 Warsaw E-mail: zmsizp@wum.edu.pl |
| Head of Educational Unit / Heads of Educational Units | Prof. Aneta Nitsch-Osuch, MD, PhD |
| Course coordinator | Katarzyna Lewtak, MD, PhD katarzyna.lewtak@wum.edu.pl |
| Person responsible for syllabus | Katarzyna Lewtak, MD, PhD katarzyna.lewtak@wum.edu.pl |
| Teachers | Katarzyna Lewtak, MD, PhD |

2. BASIC INFORMATION

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|-------------------------------------|---------------------------------------|-------------------------------|------|
| Year and semester of studies | I-VI year, winter and summer semester | Number of ECTS credits | 2.00 |
|-------------------------------------|---------------------------------------|-------------------------------|------|

| FORMS OF CLASSES | Number of hours | ECTS credits calculation |
|---|-----------------|--------------------------|
| Contacting hours with academic teacher | | |
| Lecture (L) | | |
| Seminar (S) | 30 (e-learning) | 1.0 |
| Classes (C) | | |
| e-learning (e-L) | | |
| Practical classes (PC) | | |
| Work placement (WP) | | |
| Unassisted student's work | | |
| Preparation for classes and completions | 30 | 1.0 |

3. COURSE OBJECTIVES

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| O1 | Preparing for the challenges and special features in the treatment of patients with a migration background; |
| O2 | Understanding the complexity of health needs, challenges and risks faced by migrant populations; |
| O3 | Providing tools to better understand migrants' health conditions; |
| O4 | Promoting best-practice interventions to address refugee and migrant health needs and rights. |

4. STANDARDS OF LEARNING – DETAILED DESCRIPTION OF EFFECTS OF LEARNING

| Code and number of the effect of learning in accordance with standards of learning | Effects in the field of: <i>(in accordance with appendix to the Regulation of Minister of Science and Higher education from 26th of July 2019)</i> |
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Knowledge – Graduate* knows and understands:

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| D.K2 | concepts of health and illness, the influence of the social environment (family, work, social relations) and socio-cultural conditions (origin, social status, religion, nationality and ethnic group) on the patient's health; |
| D.K4 | the concept of stress, including eustress and distress, and the impact of stress on the aetiopathogenesis and course of somatic diseases and psychiatric disorders, and mechanisms of coping with stress; |
| D.K5 | social attitudes towards illness, disability and old age and the specific impact of stereotypes, prejudice and discrimination; |
| D.K16 | patient rights and the concept of patient welfare; |
| D.K20 | the concepts of patient safety and safety culture and their organisational, communication and management aspects; |

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| E.K32 | principles for dealing with suspicion and detection of an infectious disease; |
| E.K33 | environmental and epidemiological conditions, causes, symptoms, principles of diagnosis and therapeutic and preventive management of the most common infectious diseases and their complications; |
| G.K1 | methods for assessing the health of individuals and populations, measures and principles of monitoring the health of populations, systems of classifying diseases and medical procedures; |
| G.K6 | legal regulations regarding the organization and financing of the health care system, the provision of health services financed from public funds and the principles of organizing healthcare entities, the principles of operation of information and communication tools and services in health care (e-health); |

Skills– Graduate* is able to:

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| B.S8 | use medical databases and correctly interpret the information they contain to solve problems in basic and clinical sciences; |
| D.S1 | observe ethical models in professional activities, including planning and carrying out the therapeutic process in accordance with ethical values and the idea of humanism in medicine; |
| D.S3 | respect patients' rights; |
| D.S13 | establish contact with the patient and the person accompanying the patient in order to build an appropriate relationship (e.g. 4 Habits Model: Invest in the beginning, Demonstrate empathy, Recognize the patient's perspective), Invest in the end); |
| D.S14 | look at the situation from the patient's perspective, building an appropriate conversational context and using the elicitation method, and then incorporating this into the construction of verbal messages. |
| E.S12 | identify conditions requiring treatment in a hospital setting; |
| E.S13 | qualify the patient for vaccinations; |
| E.S18 | keep the patient's medical records, including in electronic form, in accordance with the law; |
| E.S27 | communicate with patients from groups at risk of economic or social exclusion, respecting their dignity; |
| E.S28 | identify social determinants of health, indicators of anti-health and self-destructive behaviors and discuss them with the patient and make a note in the medical documentation; |
| G.S1 | describe the demographic structure of the population and, on this basis, assess and predict health problems of the population; |
| G.S2 | collect information on the conditions and presence of risk factors for infectious and noncommunicable diseases and plan preventive activities at various levels of prevention; |
| G.S4 | assess the epidemiological situation of infectious and non-communicable diseases in the Republic of Poland and in the world; |
| G.S5 | explain to people using health services their basic rights and the legal basis for providing these services. |

* In appendix to the Regulation of Minister of Science and Higher education from 26th of July 2019 „graduate”, not student is mentioned.

5. ADDITIONAL EFFECTS OF LEARNING *(non-compulsory)*

| Number of effect of learning | Effects in the fields of: |
|------------------------------|---------------------------|
|------------------------------|---------------------------|

Knowledge – Graduate knows and understands:

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| K1 | global trends in migration, key statistics on migration and health in Poland and globally; |
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| K2 | different stages of migration, and health-related risks and opportunities at each stage; |
| K3 | key policy instruments addressing health and migration; |

Skills– Graduate is able to:

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| S1 | promote migrant and refugee health; |
| S2 | define and apply key concepts and principals on health and migration; |
| S3 | develop and apply cultural awareness to care provision |

Social Competencies – Graduate is ready for:

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| SC1 | identifying migrants’ health needs, risks, and diverse experiences across the life course, gaps in health systems and services that impact both the migrant and host communities; |
| SC2 | overcoming challenges in the provision of healthcare to refugees and migrants. |

6. CLASSES

| Form of class | Class contents | Effects of Learning |
|--|--|---|
| (e-L) seminar 1 asynchronous online course | Population movement and health: an overview | D.K2, D.K16, E.K32, E.K33, G.K1, D.S1, G.S1, G.S2, G.S4 |
| (e-L) seminar 2 asynchronous online course | Key data and information on refugees and migrants | G.K1, B.S8, G.S1, G.S2, G.S4 |
| (e-L) seminar 3 asynchronous online course | Determinants of refugee and migrant health | D.K2, D.K4, D.K5, G.K1, G.S2, |
| (e-L) seminar 4 asynchronous online course | Health status of refugees and migrants: a global perspective | D.K2, D.K4, E.K32, E.K33, G.K1, G.S1, G.S2, G.S4 |
| (e-L) seminar 5 asynchronous online course | Common health needs and vulnerabilities of refugees and migrants | D.K2, D.K4, D.K5, D.K20, E.K32, E.K33, G.K1, D.S1, E.S12, G.S1, G.S2, G.S4 |
| (e-L) seminar 6 asynchronous online course | Mental health and forced displacement | D.K2, D.K4, G.K1, G.S1, G.S2, G.S4 |
| (e-L) seminar 7 asynchronous online course | Public health interventions to promote refugee and migrant health | D.K2, D.K4, D.K5, D.K16, E.K32, E.K33, G.K1, D.S1, D.S3, D.S13, D.S14, E.S13, E.S27, E.S28, G.S2, |
| (e-L) seminar 8 asynchronous online course | Refugee- and migrant sensitive health systems | D.K5, D.K16, D.K20, G.K6, G.K1, D.S1, D.S3, D.S13, D.S14, E.S12, E.S18, E.S27, G.S2, G.S4, G.S5 |
| (e-L) seminar 9 asynchronous online course | Protecting the health of refugees and migrants in public health crises | D.K2, D.K4, D.K5, D.K16, D.K20, E.K32, E.K33, G.K6, D.S1, D.S3, D.S14, E.S13, E.S18, G.S2, G.S4, G.S5 |
| (e-L) seminar 10 asynchronous online course | Health and migration: the way forward | D.K2, D.K4, D.K5, D.K16, E.K32, E.K33, D.S1, D.S3, D.S14, E.S27, G.S1, G.S2, G.S4 |

7. LITERATURE

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| Obligatory |
| <ol style="list-style-type: none"> 1. WHO. World report on the health of refugees and migrants. https://www.who.int/teams/health-and-migration-programme/world-report-on-the-health-of-refugees-and-migrants 2. International Organization for Migration (IOM). https://www.iom.int/ |
| Supplementary |
| The AcToVax4NAM project. https://www.accesstovaccination4nam.eu/ |

7. VERIFYING THE EFFECT OF LEARNING

| Code of the course effect of learning | Ways of verifying the effect of learning | Completion criterion |
|---|--|---|
| D.K2, D.K4, D.K5, D.K16, D.K20, E.K32, E.K33, G.K1, G.K6, B.S8, D.S1, D.S3, D.S13, D.S14, E.S12, E.S13, E.S18, E.S27, E.S28, G.S1, G.S2, G.S4, G.S5 | <ol style="list-style-type: none"> 1. Quizzes, written assignments 2. Test (MCQ) | <ol style="list-style-type: none"> 1. credit 2. minimum final grade of 70% required |

8. ADDITIONAL INFORMATION

The course is available on the platform www.e-learning.wum.edu.pl.

Student must learn all materials uploaded to the modules on the platform. After each module there are questions (quizzes) or task related to its subject.

Student must send written assignments (tasks) to the teacher (using e-learning platform) and receive a positive evaluation. Student must sent them before proceeding to the final test.

Student must pass the final test (available on the e-learning platform) to obtain a credit.

Printing the certificate is possible only if the student has fulfilled both criteria: passed the final test and a received positive evaluation of tasks.

Students are obligatory to check MUW student email account as all information are sent only by formal MUW mails.

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ATTENTION

The final 10 minutes of the last class of the block/semester/year should be allotted for students to fill out the Survey of Evaluation of Classes and Academic Teachers