

Optional courses for ac. y. 2025/2026

Student can select classes of the following:

	Dep. code	Class offered by Department:	Course title:	Limit of places	Eligible to apply:	Offered in form of:	Class coordinator:	Semester the class is held:
1	1M12	Department of Descriptive and Clinical Anatomy Faculty of Medicine	Clinical Anatomy I & II (seminar)	200	I-II year	in person class; schedule in the 1st year timetable	tymon.skadorwa@wum.edu.pl	winter
2	S1	Foreign Language Department	Latin-Greek Medical Terminology	25	I-II year	in person class: Wednesdays 2.45-4.15 p.m. room 140 CD	beata.oledzka@wum.edu.pl	winter
3	S1	Foreign Language Department	Polish language	25	I year	in person class: Mondays 4.15-5.45 p.m. room 124 CBI	beata.oledzka@wum.edu.pl	winter
4	1W8	Department of General, Gastroenterology and Oncologic Surgery	Essentials of human nutrition	200	I-V	e-learning: open from 24/10/2025 till 25/01/2026 year	aneta.jachnis@wum.edu.pl	winter
5	1MF	Department of Medical Informatics and Telemedicine	Critical thinking – wake up your inner critic	200	I-VI	e-learning: open till 25 Jan. 2026	jakub.rokicki@wum.edu.pl	winter and summer
6	1MF	Department of Medical Informatics and Telemedicine	AJAJAJ or AI? Artificial Intelligence in cardiovascular medicine	200	I-VI	e-learning: open till 25 Jan. 2026	jakub.rokicki@wum.edu.pl	winter and summer
7	1MF	Department of Medical Informatics and Telemedicine	Successful introduction and assessment of innovation in Medicine	200	I-VI	e-learning: open till 25 Jan. 2026	jakub.rokicki@wum.edu.pl	winter and summer
8	1MF	Department of Medical Informatics and Telemedicine	Mnemonics - how to remember without forgetting	200	I-VI	e-learning: open till 13 Jun. 2026	joanna.michalik@wum.edu.pl	summer
9	1M15	Department of Histology and Embryology	Mechanisms of organ formation and congenital malformations development	200	I-VI	The seminars will be held on MS Teams in real time, on Wednesday – the time will be given later (details in syllabus at https://ed.wum.edu.pl/students/curriculum/)	anna.jankowska@wum.edu.pl	winter and summer
10	1M20	Department of Medical Microbiology	The problem of hospital acquired infections. Rational antibiotic therapy in physician practice.	50	I-VI	e-learning: 27.10.2025-19.01.2026	beata.sokol-leszczynska@wum.edu.pl	winter
11	NZME	Department of Biophysics, Physiology and Pathophysiology	Cells and molecules in a snapshot - an overview of contemporary experimental medicine techniques	20	I-IV	24h - e-learning, 6h - classes, starting from November 2025	anna.sepulveda@wum.edu.pl	winter and summer
12	1M33	Department of Social Medicine and Public Health	Clean Treatment - Safe Treatment	100	I-VI	e-learning	patryk.tarka@wum.edu.pl	winter and summer
13	1M33	Department of Social Medicine and Public Health	Dietary Supplements - theory and practice	100	I-VI	e-learning	kokreglicka@wum.edu.pl	winter and summer
14	1M33	Department of Social Medicine and Public Health	Hand hygiene and skin irritation prevention	100	I-VI	e-learning	patryk.tarka@wum.edu.pl	winter and summer
15	1M33	Department of Social Medicine and Public Health	Migration and Health	100	I-VI	e-learning	katarzyna.lewtak@wum.edu.pl	winter and summer
16	1M33	Department of Social Medicine and Public Health	Nutrition Basics for Everyday Clinical Practice	100	I-VI	e-learning	aleksandra.kozlowska@wum.edu.pl	winter and summer

17	1M33	Department of Social Medicine and Public Health	Nutrition in Andrology, Gynecology and Obstetrics	100	I-VI	e-learning	anna.jagielska@wum.edu.pl	winter and summer
18	1M33	Department of Social Medicine and Public Health	Nutrition in Sports	100	I-VI	e-learning	aleksandra.kozłowska@wum.edu.pl	winter and summer
19	1M33	Department of Social Medicine and Public Health	Patient education	100	I-VI	e-learning	katarzyna.lewtak@wum.edu.pl	winter and summer
20	1M33	Department of Social Medicine and Public Health	Physician in the new era of Artificial intelligence and digital health tools	100	I-VI	e-learning	mbogdan@wum.edu.pl	winter and summer
21	1M33	Department of Social Medicine and Public Health	Plant Based Diets in prevention and clinical practice	100	I-VI	e-learning	kokreglicka@wum.edu.pl	winter and summer
22	1M33	Department of Social Medicine and Public Health	Slimming Diet - Truths and Myths	100	I-VI	e-learning	anna.jagielska@wum.edu.pl	winter and summer
23	1M33	Department of Social Medicine and Public Health	Social Media in Healthcare	100	I-VI	e-learning	krzysztof.kanecki@wum.edu.pl	winter and summer
24	1M33	Department of Social Medicine and Public Health	Stress management for medical students	100	I-VI	e-learning	mbogdan@wum.edu.pl	winter and summer
25	1M33	Department of Social Medicine and Public Health	Travel Medicine	100	I-VI	e-learning (details in syllabus at https://ed.wum.edu.pl/students/curriculum/)	katarzyna.lewtak@wum.edu.pl	winter and summer
26	1M33	Department of Social Medicine and Public Health	Vaccinology in practice	100	I-VI	e-learning (details in syllabus at https://ed.wum.edu.pl/students/curriculum/)	katarzyna.lewtak@wum.edu.pl	winter and summer
27	2MB	Department of Medical Psychology & Medical Communication	Chill out! - Relaxation as a tool for personal development and therapy (15.11, 16.11, 29.11)	22	I-II	Contact classes on Sat. & Sun. 15.11, 16.11, 29.11 at 10am (details in syllabus at https://ed.wum.edu.pl/students/curriculum/)	magdalena.lazarewicz@wum.edu.pl	winter
28	2MB	Department of Medical Psychology & Medical Communication	All Work and No Play? Creativity in Doctors' Professional and Personal Development	22	I	Contact classes on Sat. & Sun. 22.11, 23.11, 6.12, 7.12 at 10am (details in syllabus at https://ed.wum.edu.pl/students/curriculum/)	magdalena.lazarewicz@wum.edu.pl	winter and summer
29	2W10	Department of Regenerative Medicine	Translational Medicine and Advanced Biomedical Methods	30	III-V	16h - e-learning, 14h – classes; hybrid form, meaning that some seminars are held in-person while others - remotely (online).	agnieszka.lukomska@wum.edu.pl	winter and summer