



# Migration and Health

## Migracje i Zdrowie

### 1. IMPRINT

Academic Year	2025/2026
Department	Faculty of Medicine
Field of study	Medicine
Main scientific discipline	Medical sciences
Study Profile	General academic
Level of studies	Uniform MSc
Form of studies	Full time studies
Type of module / course	Non-compulsory (optional)
Form of verification of learning outcomes	Completion
Educational Unit / Educational Units	Department of Social Medicine and Public Health Medical University of Warsaw Medical Simulation Center Banacha Campus 3a Pawińskiego St., 02-106 Warsaw E-mail: <a href="mailto:msizp@wum.edu.pl">msizp@wum.edu.pl</a>
Head of Educational Unit / Heads of Educational Units	Prof. Aneta Nitsch-Osuch, MD
Course coordinator	Katarzyna Lewtak, MD, PhD <a href="mailto:Katarzyna.lewtak@wum.edu.pl">Katarzyna.lewtak@wum.edu.pl</a>
Person responsible for syllabus	Katarzyna Lewtak, MD, PhD <a href="mailto:Katarzyna.lewtak@wum.edu.pl">Katarzyna.lewtak@wum.edu.pl</a>
Teachers	Katarzyna Lewtak, MD, PhD

### 2. BASIC INFORMATION

Year and semester of studies	I-II year, summer, and winter semester	Number of ECTS credits	2.00
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FORMS OF CLASSES	Number of hours	ECTS credits calculation
Contacting hours with academic teacher		
Lecture (L)		
Seminar (S)	30 (e-learning)	1.20
Classes (C)		
e-learning (e-L)		
Practical classes (PC)		
Work placement (WP)		
<b>Unassisted student's work</b>		
Preparation for classes and completions	20	0.80

### 3. COURSE OBJECTIVES

O1	Preparing for the challenges and special features in the treatment of patients with a migration background;
O2	Understanding the complexity of health needs, challenges and risks faced by migrant populations;
O3	Providing tools to better understand migrants' health conditions;
O4	Promoting best-practice interventions to address refugee and migrant health needs and rights.

### 4. STANDARDS OF LEARNING – DETAILED DESCRIPTION OF EFFECTS OF LEARNING

Code and number of the effect of learning in accordance with standards of learning	Effects in the field of: <i>(in accordance with appendix to the Regulation of Minister of Science and Higher education from 29th of September 2023)</i>
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#### Knowledge – Graduate\* knows and understands:

D.W2	concepts of health and illness, the influence of the social environment (family, work, social relations) and socio-cultural conditions (origin, social status, religion, nationality and ethnic group) on the patient's health;
D.W4	the concept of stress, including eustress and distress, and the impact of stress on the aetiopathogenesis and course of somatic diseases and psychiatric disorders, and mechanisms of coping with stress;
D.W5	social attitudes towards illness, disability and old age and the specific impact of stereotypes, prejudice and discrimination;
D.W16	patient rights and the concept of patient welfare;
D.W20	the concepts of patient safety and safety culture and their organisational, communication and management aspects;

E.W32	principles for dealing with suspicion and detection of an infectious disease;
E.W33	environmental and epidemiological conditions, causes, symptoms, principles of diagnosis and therapeutic and preventive management of the most common infectious diseases and their complications;
G.W1	methods for assessing the health of individuals and populations, measures and principles of monitoring the health of populations, systems of classifying diseases and medical procedures;
G.W6	legal regulations regarding the organization and financing of the health care system, the provision of health services financed from public funds and the principles of organizing healthcare entities, the principles of operation of information and communication tools and services in health care (e-health);

**Skills– Graduate\* is able to:**

B.U8	use medical databases and correctly interpret the information they contain to solve problems in basic and clinical sciences;
D.U1	observe ethical models in professional activities, including planning and carrying out the therapeutic process in accordance with ethical values and the idea of humanism in medicine;
D.U3	respect patients' rights;
D.U13	establish contact with the patient and the person accompanying the patient in order to build an appropriate relationship (e.g. 4 Habits Model: Invest in the beginning, Demonstrate empathy, Recognize the patient's perspective), Invest in the end);
D.U14	look at the situation from the patient's perspective, building an appropriate conversational context and using the elicitation method, and then incorporating this into the construction of verbal messages.
E.U12	identify conditions requiring treatment in a hospital setting;
E.U13	qualify the patient for vaccinations;
E.U18	keep the patient's medical records, including in electronic form, in accordance with the law;
E.U27	communicate with patients from groups at risk of economic or social exclusion, respecting their dignity;
E.U28	identify social determinants of health, indicators of anti-health and self-destructive behaviors and discuss them with the patient and make a note in the medical documentation;
G.U1	describe the demographic structure of the population and, on this basis, assess and predict health problems of the population;
G.U2	collect information on the conditions and presence of risk factors for infectious and noncommunicable diseases and plan preventive activities at various levels of prevention;
G.U4	assess the epidemiological situation of infectious and non-communicable diseases in the Republic of Poland and in the world;
G.U5	explain to people using health services their basic rights and the legal basis for providing these services.

\* In appendix to the Regulation of Minister of Science and Higher education from 29th of September 2023 „graduate”, not student is mentioned.

## 5. ADDITIONAL EFFECTS OF LEARNING (non-compulsory)

Number of effect of learning	Effects in the fields of:
<b>Knowledge – Graduate knows and understands:</b>	
K1	global trends in migration, key statistics on migration and health in Poland and globally;

K2	different stages of migration, and health-related risks and opportunities at each stage;
K3	key policy instruments addressing health and migration;

**Skills– Graduate is able to:**

S1	promote migrant and refugee health;
S2	define and apply key concepts and principals on health and migration;
S3	develop and apply cultural awareness to care provision

**Social Competencies – Graduate is ready for:**

SC1	identifying migrants’ health needs, risks, and diverse experiences across the life course, gaps in health systems and services that impact both the migrant and host communities;
SC2	overcoming challenges in the provision of healthcare to refugees and migrants.

## 6. CLASSES

Form of class	Class contents	Effects of Learning
(e-L) seminar 1 asynchronous online course	Population movement and health: an overview	D.W2, D.W16, E.W32, E.W33, G.W1, D.U1, G.U1, G.U2, G.U4
(e-L) seminar 2 asynchronous online course	Key data and information on refugees and migrants	G.W1, B.U8, G.U1, G.U2, G.U4
(e-L) seminar 3 asynchronous online course	Determinants of refugee and migrant health	D.W2, D.W4, D.W5, G.W1, G.U2,
(e-L) seminar 4 asynchronous online course	Health status of refugees and migrants: a global perspective	D.W2, D.W4, E.W32, E.W33, G.W1, G.U1, G.U2, G.U4
(e-L) seminar 5 asynchronous online course	Common health needs and vulnerabilities of refugees and migrants	D.W2, D.W4, D.W5, D.W20, E.W32, E.W33, G.W1, D.U1, E.U12, G.U1, G.U2, G.U4
(e-L) seminar 6 asynchronous online course	Mental health and forced displacement	D.W2, D.W4, G.W1, G.U1, G.U2, G.U4
(e-L) seminar 7 asynchronous online course	Public health interventions to promote refugee and migrant health	D.W2, D.W4, D.W5, D.W16, E.W32, E.W33, G.W1, D.U1, D.U3, D.U13, D.U14, E.U13, E.U27, E.U28, G.U2,
(e-L) seminar 8 asynchronous online course	Refugee- and migrant sensitive health systems	D.W5, D.W16, D.W20, G.W6, G.W1, D.U1, D.U3, D.U13, D.U14, E.U12, E.U18, E.U27, G.U2, G.U4, G.U5
(e-L) seminar 9 asynchronous online course	Protecting the health of refugees and migrants in public health crises	D.W2, D.W4, D.W5, D.W16, D.W20, E.W32, E.W33, G.W6, D.U1, D.U3, D.U14, E.U13, E.U18, G.U2, G.U4, G.U5
(e-L) seminar 10 asynchronous online course	Health and migration: the way forward	D.W2, D.W4, D.W5, D.W16, E.W32, E.W33, D.U1, D.U3, D.U14, E.U27, G.U1, G.U2, G.U4

## 7. LITERATURE

### Obligatory

1. WHO. World report on the health of refugees and migrants. <https://www.who.int/teams/health-and-migration-programme/world-report-on-the-health-of-refugees-and-migrants>
2. International Organization for Migration (IOM). <https://www.iom.int/>

### Supplementary

1. The AcToVax4NAM project. <https://www.accesstovaccination4nam.eu/>

## 8. VERIFYING THE EFFECT OF LEARNING

Code of the course effect of learning	Ways of verifying the effect of learning	Completion criterion
D.W2, D.W4, D.W5, D.W16, D.W20, E.W32, E.W33, G.W1, G.W6, B.U8, D.U1, D.U3, D.U13, D.U14, E.U12, E.U13, E.U18, E.U27, E.U28, G.U1, G.U2, G.U4, G.U5	1. Quizzes, written assignments 2. Test (MCQ)	1. credit 2. minimum final grade of 70% required

## 9. ADDITIONAL INFORMATION

### Additional Information:

- The maximum number of participants per course edition is 500.
- Students have three attempts to obtain credit for the course (in accordance with §§ 26, 27, and 28 of the Study Regulations).
- The course is conducted entirely online via the e-learning platform [www.e-learning.wum.edu.pl](http://www.e-learning.wum.edu.pl).

### Course Requirements:

- Students are required to study all materials provided within the course modules on the e-learning platform.
- After each module, students must complete quizzes or assignments related to the module's content.
- Written assignments must be submitted to the course instructor via the e-learning platform and must receive a positive evaluation.
- Assignments must be submitted and positively assessed before the student is allowed to attempt the final test.
- To successfully complete the course, students must pass the final test (available on the e-learning platform).
- The course completion certificate may be downloaded only after both conditions are met: a passed final test and positive evaluation of all required assignments.

### Important Communication Note:

Students are required to regularly check their official MUW email account, as all course-related information is communicated exclusively through the MUW email system.

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### ATTENTION

The final 10 minutes of the last class of the block/semester/year should be allotted for students to fill out the Survey of Evaluation of Classes and Academic Teachers