



Migration and Health

Migracje i Zdrowie

1. IMPRINT

Academic Year	2025/2026
Department	Faculty of Medicine
Field of study	Medicine
Main scientific discipline	Medical sciences
Study Profile	General academic
Level of studies	Uniform MSc
Form of studies	Full time studies
Type of module / course	Non-compulsory (optional)
Form of verification of learning outcomes	Completion
Educational Unit / Educational Units	Department of Social Medicine and Public Health Medical University of Warsaw Medical Simulation Center Banacha Campus 3a Pawińskiego St., 02-106 Warsaw E-mail: msizp@wum.edu.pl
Head of Educational Unit / Heads of Educational Units	Prof. Aneta Nitsch-Osuch, MD
Course coordinator	Katarzyna Lewtak, MD, PhD katarzyna.lewtak@wum.edu.pl
Person responsible for syllabus	Katarzyna Lewtak, MD, PhD katarzyna.lewtak@wum.edu.pl
Teachers	Katarzyna Lewtak, MD, PhD katarzyna.lewtak@wum.edu.pl

2. BASIC INFORMATION

Year and semester of studies	III-V year, summer, and winter semester	Number of ECTS credits	2.00
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FORMS OF CLASSES	Number of hours	ECTS credits calculation
Contacting hours with academic teacher		
Lecture (L)		
Seminar (S)	30 (e-learning)	1.20
Classes (C)		
e-learning (e-L)		
Practical classes (PC)		
Work placement (WP)		
Unassisted student's work		
Preparation for classes and completions	20	0.80

3. COURSE OBJECTIVES

O1	Preparing for the challenges and special features in the treatment of patients with a migration background;
O2	Understanding the complexity of health needs, challenges and risks faced by migrant populations;
O3	Providing tools to better understand migrants' health conditions;
O4	Promoting best-practice interventions to address refugee and migrant health needs and rights.

4. STANDARDS OF LEARNING – DETAILED DESCRIPTION OF EFFECTS OF LEARNING

Code and number of the effect of learning in accordance with standards of learning	Effects in the field of: <i>(in accordance with appendix to the Regulation of Minister of Science and Higher education from 26th of July 2019)</i>
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Knowledge – Graduate* knows and understands:

D.W1	social dimension of health and disease, influence of society (family, social relationships network) and social inequalities on health condition, as well social and cultural differences and the roles of social stress in health and self-destructive behaviours;
D.W2	social factors affecting behaviours in health and disease, especially a chronic disease;
D.W3	forms of violence, models explaining family and institutional violence, social conditions of various forms of violence and the role of a medical doctor in recognising violence;
D.W4	social approaches to the meaning of health, illness, disability and aging, social consequences of illnesses, disability and socio-cultural barriers, as well as the applicable concept of life quality conditioned by health condition;

D.W12	role of stress in etiopathogenesis and the progress of the disease and recognises the mechanisms of coping with stress;
D.W17	rights of patients;
D.W19	culture, ethnicity and nationality related conditions of human behaviours;
E.W20	symptoms of mental disorders in the course of somatic diseases and their impact on the course of the underlying disease, as well as the forecasts and principles of treating such disorders;
E.W33	procedures in the case of detection of an infectious disease;
G.W1	health assessment methods of an individual and a population, disease and medical procedure classification;
G.W2	ways of identification and examination of risk factors, advantages and disadvantages of different epidemiological study methods and cause-effect relation measures;
G.W3	epidemiology of infectious and chronic diseases, methods of prevention at different stages of the disease natural history and the roles of epidemic surveillance;
G.W5	legal regulations relating to granting healthcare benefits, patient rights, the basics of the profession of a physician and functioning of the medical self-government;
G.W6	basic regulations concerning the organisation and financing of the healthcare system, the general health insurance and the rules of organisation of healthcare entity enterprises;

Skills– Graduate* is able to:

B.U10	use databases, including the Internet and search for needed information with available tools;
D.U1	include patient's subjective needs and expectations resulting from the socio-cultural background in the entire therapeutic process;
D.U5	conduct an interview with an adult patient, a child and the family with empathy and listening actively; is able to discuss the patient's life situation;
D.U15	observe patient's rights;
E.U14	recognise immediate threats to life;
E.U16	plan diagnostic, therapeutic and preventive treatment;
E.U27	qualify a patient for vaccinations;
G.U1	describe the demographic structure of a population and assess the population's health problems on this;
G.U2	collect information about the presence of the factors of risk of infectious and chronic diseases and plan preventive actions at various levels of prevention;
G.U4	assess the epidemic situation of diseases common in the Republic of Poland and worldwide;
G.U5	explain to healthcare users their basic entitlements and the legal basics of granting bonuses;

* In appendix to the Regulation of Minister of Science and Higher education from 26th of July 2019 „graduate”, not student is mentioned.

5. ADDITIONAL EFFECTS OF LEARNING (non-compulsory)

Number of effect of learning	Effects in the fields of:
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Knowledge – Graduate knows and understands:

K1	global trends in migration, key statistics on migration and health in Poland and globally;
K2	different stages of migration, and health-related risks and opportunities at each stage;
K3	key policy instruments addressing health and migration;

Skills– Graduate is able to:

S1	promote migrant and refugee health;
S2	define and apply key concepts and principals on health and migration;
S3	develop and apply cultural awareness to care provision

Social Competencies – Graduate is ready for:

SC1	identifying migrants' health needs, risks, and diverse experiences across the life course, gaps in health systems and services that impact both the migrant and host communities;
SC2	overcoming challenges in the provision of healthcare to refugees and migrants.

6. CLASSES

Form of class	Class contents	Effects of Learning
(e-L) seminar 1 asynchronous online course	Population movement and health: an overview	D.W1; D.W2; D.W17; E.W33; E.W20; G.W1; G.W2; G.W3; D.U1; G.U1; G.U2; G.U4
(e-L) seminar 2 asynchronous online course	Key data and information on refugees and migrants	G.W1; G.W2; G.W3; B.U10; G.U1; G.U2; G.U4
(e-L) seminar 3 asynchronous online course	Determinants of refugee and migrant health	D.W1; D.W2; D.W3; D.W4; D.W12; D.W19; G.W1; G.W2; G.W3; G.U2;
(e-L) seminar 4 asynchronous online course	Health status of refugees and migrants: a global perspective	D.W1; D.W2; D.W3; D.W12; E.W20; E.W33; G.W1; G.W2; G.W3; G.U1; G.U2; G.U4
(e-L) seminar 5 asynchronous online course	Common health needs and vulnerabilities of refugees and migrants	D.W1; D.W2; D.W3; D.W4; D.W12; D.W20; E.W20; E.W33; G.W1; G.W2; G.W3; D.U1; E.U14; G.U1; G.U2; G.U4
(e-L) seminar 6 asynchronous online course	Mental health and forced displacement	D.W1; D.W2; D.W3; D.W12; G.W1; G.W2; G.W3; G.U1; G.U2; G.U4
(e-L) seminar 7 asynchronous online course	Public health interventions to promote refugee and migrant health	D.W1; D.W2; D.W3; D.W4; D.W12; D.W17; E.W20; E.W33; G.W1; G.W2; G.W3; D.U1; D.U13; D.U14; D.U15; E.U16; E.U27; G.U2;
(e-L) seminar 8 asynchronous online course	Refugee- and migrant sensitive health systems	D.W1; D.W4; D.W17; D.W20; G.W1; G.W2; G.W3; G.W5; G.W6; D.U1; D.U5; D.U13;

		D.U14; D.U15; E.U14; G.U2; G.U4; G.U5
(e-L) seminar 9 asynchronous online course	Protecting the health of refugees and migrants in public health crises	D.W1; D.W2; D.W3; D.W4; D.W12; D.W17; D.W20; E.W20; E.W33; G.W5; G.W6; D.U1; D.U14; D.U15; E.U16; E.U27; G.U2; G.U4; G.U5
(e-L) seminar 10 asynchronous online course	Health and migration: the way forward	D.W1; D.W2; D.W3; D.W4; D.W12; D.W17; E.W20; E.W33; E.W34; D.U1; D.U14; D.U15; G.U1; G.U2; G.U4

7. LITERATURE

Obligatory

1. WHO. World report on the health of refugees and migrants. <https://www.who.int/teams/health-and-migration-programme/world-report-on-the-health-of-refugees-and-migrants>
2. International Organization for Migration (IOM). <https://www.iom.int/>

Supplementary

The AcToVax4NAM project. <https://www.accesstovaccination4nam.eu/>

8. VERIFYING THE EFFECT OF LEARNING

Code of the course effect of learning	Ways of verifying the effect of learning	Completion criterion
D.W1; D.W2; D.W3; D.W4; D.W12; D.W17; D.W19; E.W20; E.W33; G.W1; G.W2; G.W3; G.W5; G.W6; B.U10; D.U1; D.U15; D.U5; E.U14; E.U16; E.U27; G.U1; G.U2; G.U3; G.U5	1. Quizzes, written assignments 2. Test (MCQ)	1. credit 2. minimum final grade of 70% required

9. ADDITIONAL INFORMATION

(Please write here Information essential for the course instructor that are not included in the other part of the course syllabus, particularly the number of acceptable tries for passing a subject (§ 26, § 27 and § 28 of Study Regulations), including exam admission passes, and e.g. if the course is related to scientific research, detailed description of, information about the Science Club)

Additional Information:

- The maximum number of participants per course edition is 500.
- Students have three attempts to obtain credit for the course (in accordance with §§ 26, 27, and 28 of the Study Regulations).
- The course is conducted entirely online via the e-learning platform www.e-learning.wum.edu.pl.

Course Requirements:

- Students are required to study all materials provided within the course modules on the e-learning platform.
- After each module, students must complete quizzes or assignments related to the module's content.
- Written assignments must be submitted to the course instructor via the e-learning platform and must receive a positive evaluation.
- Assignments must be submitted and positively assessed before the student is allowed to attempt the final test.

- To successfully complete the course, students must pass the final test (available on the e-learning platform).
- The course completion certificate may be downloaded only after both conditions are met: a passed final test and positive evaluation of all required assignments.

Important Communication Note:

Students are required to regularly check their official MUW email account, as all course-related information is communicated exclusively through the MUW email system.

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ATTENTION

The final 10 minutes of the last class of the block/semester/year should be allotted for students to fill out the Survey of Evaluation of Classes and Academic Teachers