



Hand hygiene and skin irritation prevention

Higiena rąk a podrażnienie skóry - profilaktyka

1. IMPRINT

Academic Year	2025/2026
Department	Faculty of Medicine
Field of study	Medicine
Main scientific discipline	Medical sciences
Study Profile	General academic
Level of studies	Uniform MSc
Form of studies	Full time studies
Type of module / course	Non-compulsory (optional)
Form of verification of learning outcomes	Completion
Educational Unit / Educational Units	Department of Social Medicine and Public Health Medical University of Warsaw Medical Simulation Center Banacha Campus 3a Pawińskiego St., 02-106 Warsaw E-mail: msizp@wum.edu.pl
Head of Educational Unit / Heads of Educational Units	Prof. dr hab. n. med. Aneta Nitsch-Osuch
Course coordinator	Dr hab. n. med. Patryk Tarka patryk.tarka@wum.edu.pl
Person responsible for syllabus	Dr hab. n. med. Patryk Tarka patryk.tarka@wum.edu.pl
Teachers	Dr hab. n. med. Patryk Tarka patryk.tarka@wum.edu.pl

2. BASIC INFORMATION

Year and semester of studies	I-II year, summer, and winter semester	Number of ECTS credits	2.00
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FORMS OF CLASSES	Number of hours	ECTS credits calculation
Contacting hours with academic teacher		
Lecture (L)		
Seminar (S)	30 (e-learning)	1.20
Classes (C)		
e-learning (e-L)		
Practical classes (PC)		
Work placement (WP)		
Unassisted student's work		
Preparation for classes and completions	20	0.80

3. COURSE OBJECTIVES

O1	Familiarizing students with the principles of proper aseptic and antiseptic procedures.
O2	
O3	

4. STANDARDS OF LEARNING – DETAILED DESCRIPTION OF EFFECTS OF LEARNING

Code and number of the effect of learning in accordance with standards of learning	Effects in the field of: <i>(in accordance with appendix to the Regulation of Minister of Science and Higher education from 29th of September 2023)</i>
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Knowledge – Graduate* knows and understands:

G.K1	He knows the active ingredients of cosmetics and the application of cosmetics and their categories as intended
G.K2	He knows the selected active substances used in cosmetics, their action, scope of application
E.W35	environmental and epidemiological conditions, causes, symptoms, principles of diagnosis and therapeutic management of the most common dermatological and sexually transmitted diseases;

Skills– Graduate* is able to:

G.S1	Can decide about the selection of appropriate cosmetic preparations in a doctor's office depending on skin conditions.
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G.S2	Can assess the value of a cosmetic on the basis of the composition according to INCI and determine the scope of its action
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* In appendix to the Regulation of Minister of Science and Higher education from 29th of September 2023 „graduate”, not student is mentioned.

5. ADDITIONAL EFFECTS OF LEARNING (non-compulsory)	
Number of effect of learning	Effects in the fields of:
Knowledge – Graduate knows and understands:	
K1	
K2	
Skills– Graduate is able to:	
S1	
S2	
Social Competencies – Graduate is ready for:	
SC1	
SC2	

6. CLASSES		
Form of class	Class contents	Effects of Learning
–e-Seminar 1	WHO guidelines on hand hygiene in health care When to Perform Hand Hygiene How to perform hand hygiene Hand hygiene special issues Skin Care Hand hygiene in practice	G.K1 G.K2
–e-Seminar 2	Soaps and synthetic detergents	G.K1 G.K2
–e-Seminar 3	Contact Dermatitis Training Module Occupational Contact Dermatitis Irritant Contact Dermatitis Allergic Contact Dermatitis Contact Urticaria (including latex allergy) Risk factors for the development of Occupational Contact Dermatitis	G.K1 G.K2 E.W35
–e-Seminar 4	Allergic contact dermatitis by shampoo components	G.K1 G.K2 E.W35
–e-Seminar 5	Antiperspirant and Deodorant Allergy	G.K1 G.K2 E.W35

7. LITERATURE

Obligatory

1. World Health Organisation. WHO Guidelines on Hand Hygiene in Health Care. In: World Alliance for Patient Safety, editor. First Global Patient Safety Challenge Clean Care is Safer Care. 1 ed. Geneva: World Health Organisation Press; 2009.
2. Draelos, Z: Cosmeceuticals: Procedures in Cosmetic Dermatology Series. Elsevier Health Sciences. 2014

Supplementary

8. VERIFYING THE EFFECT OF LEARNING

Code of the course effect of learning	Ways of verifying the effect of learning	Completion criterion
<i>G.K1</i> <i>G.K2</i> <i>E.W35</i>	1. Written reports 2. Final test 20 single-choice questions, in e-learning form.	1. credit 2. Final test: Grade Criterium 2,0 (failed) < 8 pkt 3,0 (acceptable) 9-11 pkt 3,5 (acceptable plus) 12-14 pkt 4,0 (good) 15-16 pkt 4,5 (good plus) 17-18 pkt 5,0 (very good) 19-20 pkt

9. ADDITIONAL INFORMATION

The course is available on the platform www.e-learning.wum.edu.pl.
Student must learn all materials uploaded to the modules on the platform.
Student must pass the final test (available on the e-learning platform) to obtain a credit.
Two attempts for the final test are allowed.
Printing the certificate is possible only if the student has fulfilled criteria: passed the final test and written reports

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ATTENTION

The final 10 minutes of the last class of the block/semester/year should be allotted for students to fill out the Survey of Evaluation of Classes and Academic Teachers